



UNC
SCHOOL OF MEDICINE
DEPARTMENT OF OB/GYN

The UNC Horizons Program

Providing comprehensive substance use disorders treatment to women who are pregnant and/or parenting young children

What We Do: Horizons' Mission

- **Deliver Outstanding Clinical Services:** To improve the health, life functioning, birth and long-term outcomes of the women and children we serve
- **Generate and Apply New Knowledge:** To contribute to the scientific understanding of the treatment of women with substance use disorders and their prenatally drug-exposed children
- **Teach and Disseminate Knowledge:** To provide training and education to current and future clinicians and scholars about treating women with substance use disorders and their substance-exposed children

*To serve as an implementation model locally,
nationally and internationally*

What We Do: Horizons' Programs

- ❖ High Risk OB/GYN Clinic at UNC Women's Hospital
- ❖ Outpatient Services in Carrboro, Burlington and Raleigh
- ❖ Residential Program in Chapel Hill that houses up to 25 women and their children for 1 year
- ❖ AHEC program in Psychiatry onsite in Carrboro
- ❖ Early intervention & therapeutic services for children
- ❖ Onsite 5-Star licensed child care center in Carrboro
- ❖ Transportation to and from services



What We Do: Funding Partners

- ❖ Horizons began in 1993 as a fully grant-funded project
- ❖ Funding sources have expanded over time
- ❖ Horizons has never received operational funds from UNC Health System
- ❖ Primary sources of funding include Federal and State Substance Abuse Treatment Grant funds and Medicaid



What We Do: Local & National Recognition

- Awarded contract to take over perinatal substance use disorders program in Wake County in competitive bidding process
- Received 2013 SAMHSA Science and Service Award, national recognition for our opioid addiction treatment program
- Received U.S. State Department funding to conduct the **first** global child addiction treatment training for stakeholders from 9 countries



Where We Are Going: Our Future

To make UNC Horizons the best substance use disorders treatment center in the world for pregnant and parenting women and their children, we will:

- **Pursue Clinical Excellence:** Secure new space in Shelton Station for program enhancement and expansion
- **Generate New Knowledge:** Initiate new research programs related to tracking long-term outcomes for women and children impacted by substance use disorders
- **Teach and Disseminate Knowledge:** Expand training opportunities to a larger and more diverse group of learners within and outside of UNC



“One thing I love about this program is they never give up on you, and even if you have given up on yourself, they will say something that will make you realize that you are not alone...”



HOPE

RESPECT

SAFETY

NURTURANCE



Please Come Visit



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