

# Campus Health Services



Board of Trustees Meeting

January 25, 2012

Dr. Mary Covington

Dr. Allen O'Barr

Dr. Mario Ciocca



## Mission and Global Overview

**Campus Health Services** partners with the University community to provide expert, student-centered, inclusive, and comprehensive health care and wellness promotion to support academic success.

CHS has been continuously accredited by the Joint Commission since 1986

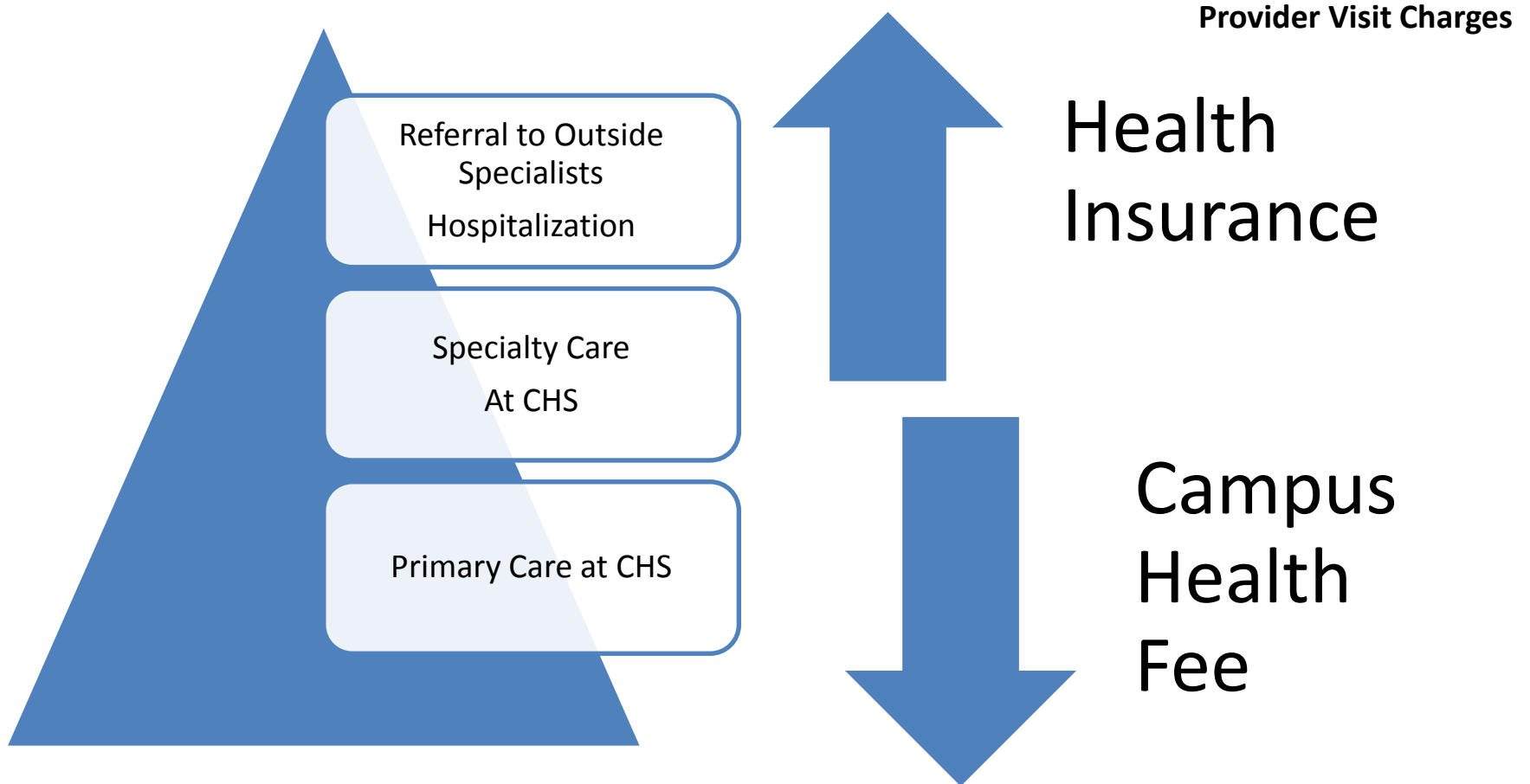


# Convenient Access to Quality Care

- Hours 8-6 PM Monday through Friday
- 8-5 PM Saturday and Sunday for Acute Care during the academic year
- After Hours Assistance provided by UNC Healthlink Nurse Advice Hotline with CHS MD on call

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- Laboratory/Pharmacy/X-ray/Nutrition Services/Physical Therapy on site

# Continuum of Care



# Services Included in the Campus Health Fee

- Unlimited provider visits in General Medicine and Women's Health Clinics
- Access to Counseling and Wellness Services
- Nurse triage and consultations
- Evaluations for course drops and withdrawal from UNC for medical/psychological reasons
- Access to Nutrition counseling
- Access to Physical Therapy

Visit [campushealth.unc.edu](https://campushealth.unc.edu) for a complete list

# By the numbers...

- 62 % of the eligible campus population visited CHS at least once during the last academic year.....18,326 patients
- 30% of our appointments were same day appointments
- 77,296 visits by students and Postdoctoral fellows

# By the numbers...

- 36,326 Visits to clinicians in Clinical Medicine, Sports Medicine, and Women's Health
- 36,276 Lab tests performed
- 48,851 Prescriptions filled
- 7,322 immunizations given

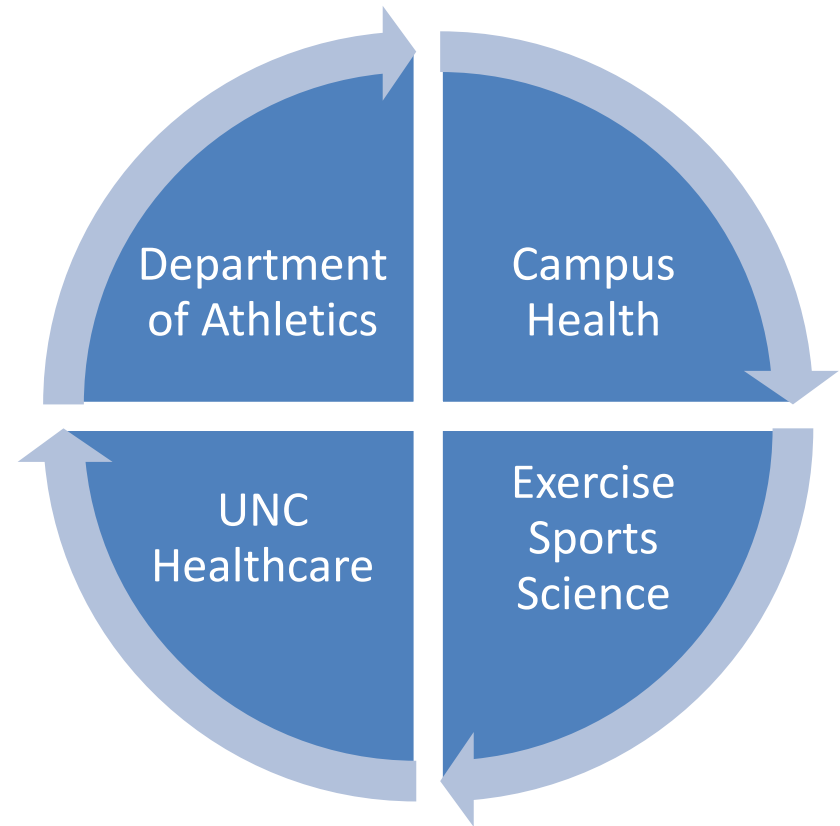
# Clinical Medicine

- Nine Board Certified Physicians
- 4 Board Certified Nurse Practitioners
- 2 Certified Physician's Assistants
- Dedicated Women's Health Clinic with one Obstetrician/Gynecologist and two Nurse Practitioners
- Obstetrics clinic (annually 70 deliveries)



# Sports Medicine

- Unique model
- Club sports – dedicated athletic trainer
- Student Athlete and Athletic student have access to a wealth of resources



# Sports Medicine

- Primary Care sports medicine physicians see all students for musculoskeletal problems
- Physical therapists and athletic trainers to guide the rehabilitation process
- Sports nutritionists
- Orthopedic clinic on site
- CHS helps support 19 graduate Athletic training students

# Counseling and Wellness Services

## Mental Health Services

- 15 therapists (10 psychologists, 5 social workers)
  - Same day intake for all presenting students
  - Brief therapy
  - Couples therapy
  - Group therapy
  - Academic interventions for psychological reasons
  - After hours on call coverage
  - Threat assessment
- 4 Psychiatrists ( including Director)
  - Initial medication evaluation
  - Medication management
  - After hours on call coverage



# Counseling and Wellness Services

## Mental Health Services

- Depression
- Anxiety and stress
- Relationship issues
- Developmental issues
- Body image disturbance
- Substance abuse and dependence
- Academic stress

# Counseling and Wellness Services

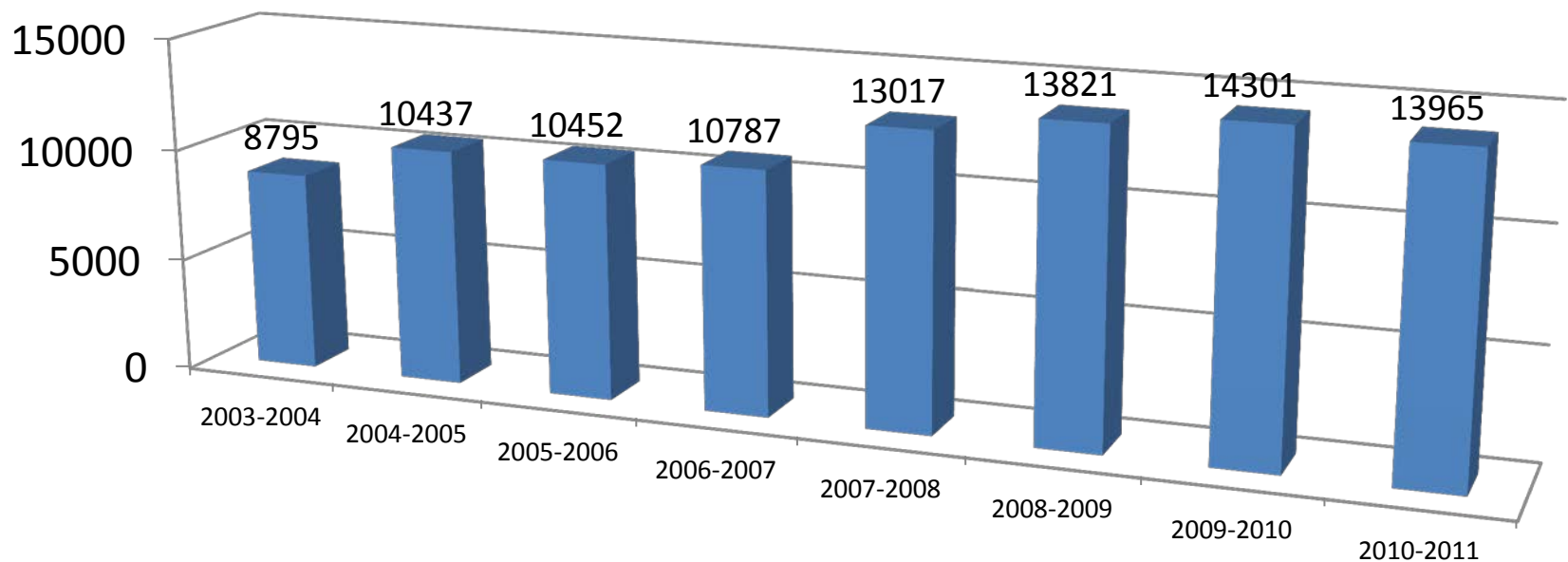
## Wellness and Prevention Services

- 7 full time Wellness/Prevention specialists
- 10 graduate assistants
  - Interpersonal Violence Prevention
  - Nutrition
  - Sexual Health and General Health Advocacy
  - Alcohol and Drug Abuse Prevention
  - Inclusion and Accessibility Initiatives
  - Interactive Theatre Carolina (focusing on social justice issues)



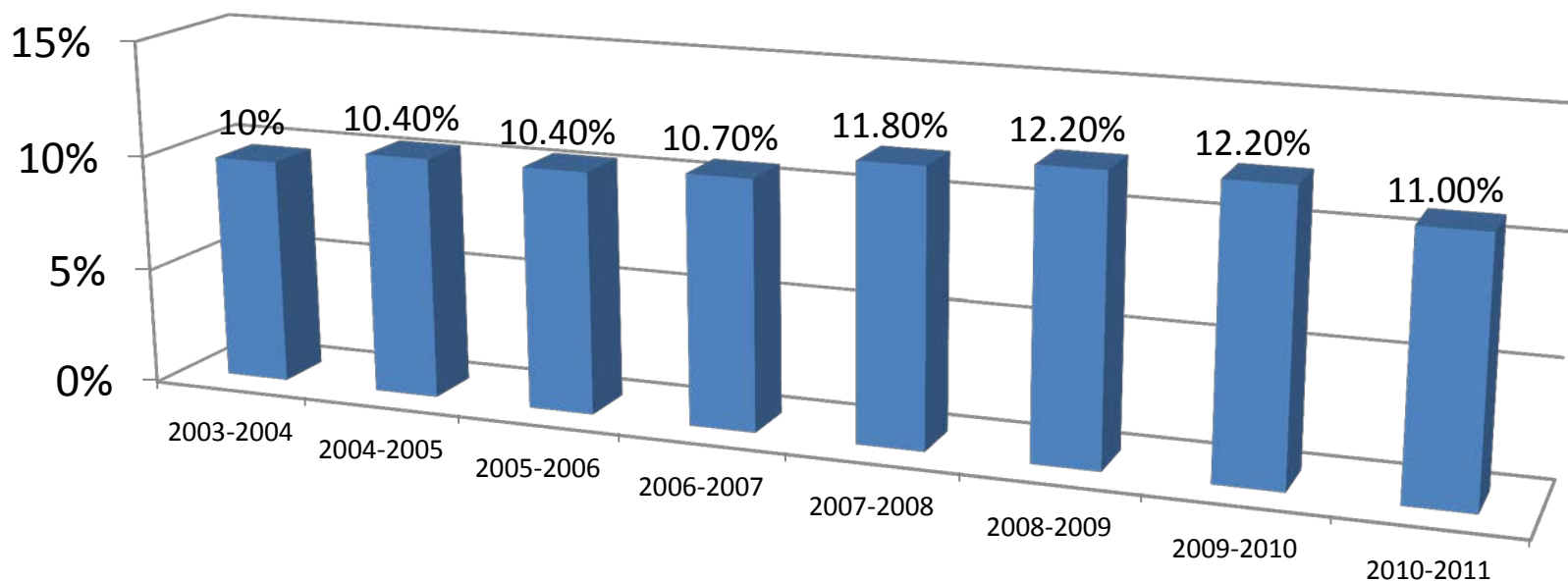
# Total Mental Health Visits to CWS per academic year

total client contacts



# Total Mental Health Visits to CWS per academic year

Percentage total UNC population



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