Campus Health Services

Board of Trustees Meeting
January 25, 2012
Dr. Mary Covington
Dr. Allen O’Barr
Dr. Mario Ciocca
Mission and Global Overview

Campus Health Services partners with the University community to provide expert, student-centered, inclusive, and comprehensive health care and wellness promotion to support academic success.

CHS has been continuously accredited by the Joint Commission since 1986.
Convenient Access to Quality Care

• Hours 8-6 PM Monday through Friday
• 8-5 PM Saturday and Sunday for Acute Care during the academic year
• After Hours Assistance provided by UNC Healthlink Nurse Advice Hotline with CHS MD on call
• Laboratory/Pharmacy/X-ray/Nutrition Services/Physical Therapy on site
Continuum of Care

Provider Visit Charges

Health Insurance

Campus Health Fee

Referral to Outside Specialists
Hospitalization

Specialty Care
At CHS

Primary Care at CHS
Services Included in the Campus Health Fee

• Unlimited provider visits in General Medicine and Women’s Health Clinics
• Access to Counseling and Wellness Services
• Nurse triage and consultations
• Evaluations for course drops and withdrawal from UNC for medical/psychological reasons
• Access to Nutrition counseling
• Access to Physical Therapy

Visit campushealth.unc.edu for a complete list
By the numbers...

- 62% of the eligible campus population visited CHS at least once during the last academic year............18,326 patients
- 30% of our appointments were same day appointments
- 77,296 visits by students and Postdoctoral fellows
By the numbers...

- 36,326 Visits to clinicians in Clinical Medicine, Sports Medicine, and Women’s Health
- 36,276 Lab tests performed
- 48,851 Prescriptions filled
- 7,322 immunizations given
Clinical Medicine

• Nine Board Certified Physicians
• 4 Board Certified Nurse Practitioners
• 2 Certified Physician’s Assistants
• Dedicated Women’s Health Clinic with one Obstetrician/Gynecologist and two Nurse Practitioners
• Obstetrics clinic (annually 70 deliveries)
Sports Medicine

• Unique model
• Club sports – dedicated athletic trainer
• Student Athlete and Athletic student have access to a wealth of resources
Sports Medicine

• Primary Care sports medicine physicians see all students for musculoskeletal problems
• Physical therapists and athletic trainers to guide the rehabilitation process
• Sports nutritionists
• Orthopedic clinic on site
• CHS helps support 19 graduate Athletic training students
Counseling and Wellness Services

Mental Health Services

• 15 therapists (10 psychologists, 5 social workers)
  – Same day intake for all presenting students
  – Brief therapy
  – Couples therapy
  – Group therapy
  – Academic interventions for psychological reasons
  – After hours on call coverage
  – Threat assessment

• 4 Psychiatrists (including Director)
  – Initial medication evaluation
  – Medication management
  – After hours on call coverage
Counseling and Wellness Services
Mental Health Services

- Depression
- Anxiety and stress
- Relationship issues
- Developmental issues
- Body image disturbance
- Substance abuse and dependence
- Academic stress
Counseling and Wellness Services
Wellness and Prevention Services

• 7 full time Wellness/Prevention specialists
• 10 graduate assistants
  – Interpersonal Violence Prevention
  – Nutrition
  – Sexual Health and General Health Advocacy
  – Alcohol and Drug Abuse Prevention
  – Inclusion and Accessibility Initiatives
  – Interactive Theatre Carolina (focusing on social justice issues)
Total Mental Health Visits to CWS per academic year

![Bar chart showing total mental health visits per academic year from 2003-2004 to 2010-2011. The visits increase over time, from 8795 visits in 2003-2004 to 13965 visits in 2010-2011.]
Total Mental Health Visits to CWS per academic year

Percentage total UNC population

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<thead>
<tr>
<th>Year</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>2003-2004</td>
<td>10%</td>
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<tr>
<td>2004-2005</td>
<td>10.40%</td>
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<tr>
<td>2005-2006</td>
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<td>2009-2010</td>
<td>12.20%</td>
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<tr>
<td>2010-2011</td>
<td>11.00%</td>
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Fostering Student Learning and Success
Campus Health Services

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